



DECEMBER 2021 NEWSLETTER - VOL 22.2

Alaska Sewlutions

EAGLE RIVER CHAPTER OF THE AMERICAN SEWING GUILD

UPCOMING EVENTS

Anchorage Neighborhood Meeting: Sat. January 8, 11am-2:30pm, member Emily Longbrake's home, 7901 Kiana Cir, Anchorage

Valley Neighborhood Meeting: Sat. January 8, 12-2pm, Northern Light Chapel

Anchorage Neighborhood Meeting: Sat. February 5, 11am-2:30pm, location TBA

Valley Neighborhood Meeting: Sat. February 12, 12-2pm, Northern Light Chapel

Spring Retreat: Thurs-Sun, March 17-20, Pioneer Ridge B&B

March Annual Meeting: Sat. March 19, 10am, Pioneer Ridge B&B

Anchorage Neighborhood Meeting: Sat. April 2, 11am-2:30pm, location TBA

Valley Neighborhood Meeting: Sat. April 9, 12-2pm, Northern Light Chapel

A NOTE FROM OUR OUTGOING PRESIDENT

On December 31, 2020 we ended the year with 30 members. In 2021, we gained 13 new members for a total of 43. I look forward to seeing our guild continue to grow and share the love of sewing.

As we wrap up the end of 2021, I wanted to introduce our new President Rae Longbrake starting in January. Rae has been a member for over 20 years and is a very talented seamstress. She is a knowledgeable garment sewer and quilter. Rae was elected at the Holiday party earlier this month in a unanimous vote.

I would like to thank you all for the support this guild has given me for the last three years. It has been a pleasure working with you all. I will still be involved with the guild as the new Valley neighborhood group leader.

Happy sewing and wishing you a safe and Happy New Year!

Julie Gleason, 907-244-9610, Ladyjulia75@gmail.com

A NOTE FROM OUR INCOMING PRESIDENT

Thank you for your warm welcome as the new Guild president. I'm looking forward to new sewing adventures in 2022 with all of you!

Your Chapter Advisory Board (CAB) will meet in late January to discuss goals and events for the new year, so please email, call or text your wish list for programs, education, social events, community service, membership, and any other requests or ideas.

All my best and Happy New Year!

Rae Longbrake, 907-863-0801, ralongbrake@gmail.com

VALLEY JANUARY NEIGHBORHOOD MEETING

Sat. January 8, 12-2pm, Northern Light Chapel

This month's project will be **slipper socks**. Download and print the pattern from patternsforpirates.com/slipper-tutorial/. Machines and basic sewing supplies required. Cutting board will be available.



ANCHORAGE JANUARY NEIGHBORHOOD MEETING

Sat. January 8, 11-2:30pm, member Emily Longbrake's home,
7901 Kiana Circle, Anchorage

This month, while we're looking for a long term venue for meetings in Anchorage, you're invited to an informal meeting at Emily's house for sew and tell and to share sewing plans for the new year. Please feel free to bring books, favorite YouTube videos or other things to share. Snacks, coffee and tea provided. Call 907-863-0801 with questions.



SPRING RETREAT: SAVE THE DATE

March 17-20, 2022

Details about rates, minimum/maximum participants, health and safety precautions, cancellation dates and policies, and more will be available in the New Year from our coordinator Kathy Lunning.



Tessa Gleason



Amanda Roylance



Etta Gamble



Kathy Rockey



2021 Community Service Sewing

UPCOMING NATIONAL EVENTS

Sewing and Stitchery Expo

March 2-6, 2022, online only

The Sewing & Stitchery Expo is where your creative community connects. It is five full days of learning, connecting, and inspiration for sewing enthusiasts of all levels. Whether you're a lifetime quilter, me-made wardrobe expert, devoted cosplayer, or a whimsical DIY-er, find details at sewexpo.com

International Sewing Arts Festival

January 13-15, 2022, Ontario, California

On behalf of our friends at Road to California and the new International Sewing Arts Festival preceding it this year, we are sharing the following information with ASG chapters in the western part of the country who may be interested in attending. ASG will be represented at the ISAF show January 13-16, 2022 and we invite those who will be attending to stop by the ASG booth and introduce yourselves.

- Margo Martin, Executive Director, American Sewing Guild, Inc.

We are excited to announce the first ever International Sewing Arts Festival! This in-person event will feature classes, special exhibits and some of the best sewing shopping around!

The International Sewing Arts Festival was designed with you in mind. We coordinated with a team of experts to cater the event to the sewist. We researched the gaps that sewists have experienced in existing sewing and quilting events and made sure ISAF filled the gap!

American Sewing Guild Annual Conference

June 30- July 3, 2022, San Antonio, Texas

Our annual in-person and online conference gives sewing enthusiasts a place to celebrate all things sewing, quilting and embroidery. Features include shopping, education, a fashion show, fellowship and more. Details at asg.org/resources/conference/

Class Registration is now open for ISAF. Instructors such as Angela Wolf, Joe Vecchiarelli and Katrina Walker bring their expertise to ISAF. Classes are not only priced affordably but also include a sewing machine for classroom use if needed!

Our two evening events are second to none. Don't miss An Evening with Angela Wolf – we bring Angela's fashion to life on our runway – with music, professional models and narration by Angela herself. Also – Dancing with the Stars Daniella Gschwendtner and Joe Vecchiarelli are bringing straight from Hollywood the gowns from Season 30 of the ABC Hit show Dancing with the Stars! This unforgettable event will be fabulous – don't miss it.

We will also have a fashion gallery. With Exhibits from the Threads Magazine Archives, Marty Ornish, Kris Vierra and many others – this gallery will be one of the largest collection of fashion pieces at a sewing show on the West Coast!

We have pulled out all the stops and called in all the favors to make the first ever ISAF something you will remember for a lifetime. Classes are selling out fast so do not delay – register at sewingfestival.com



Above: Member Projects from Facebook - facebook.com/groups/AlaskaSewlutions

RECIPE OF THE MONTH: CHICKEN & DUMPLINGS

BY KATHY ROCKEY

Good for all kinds of therapy: comfort, sickness, new baby, picky eater grandkids, cold weather. It's magic. You put in some vegetables and a chicken and something miraculous happens in there!

- 1 whole chicken (or about 3 breasts, but broth tastes better with dark meat, bones and skin)
- Water to cover chicken in a pot large enough for chicken, ~6-8 cups. Can use part chicken broth or 1-2 bouillon cubes.
- 4 stalks celery, sliced, including leaves (More celery and carrots is always an ok thing.)
- 4 carrots, sliced
- 1 large onion, diced
- 1 Tablespoon salt, to taste, but it needs a generous amount, less if you are using bouillon cubes
- 1 tsp pepper
- 1 T parsley flakes

Noodle dumplings:

- 2 cups flour
- 3/4 tsp salt
- 1 T Crisco or butter
- 1 egg
- Milk, just enough to form a ball
- Chicken

At least 1 1/2 hours ahead, put chicken in a pot with water, or combination of water and chicken broth, to cover. Add salt and pepper. You can cook on low in a crockpot overnight or during the day. Bring to a boil and turn down to simmer, and cook covered. Faster is not better: it needs a solid hour to cook. While the chicken is simmering, cut up the veggies. You can also make the dumplings while the chicken is cooking. When chicken is easy to take off the bones, remove chicken from the broth. I put it into a



large bowl. It needs to cool enough so you can take the meat off the bones. Break the sections apart a little so they cool faster. Skim off any foam from the cooking liquid. Add the vegetables to the remaining liquid. Simmer for 10-15 minutes.

Dumplings: Put flour and salt in a bowl and use a fork to mash the Crisco or butter into the flour. Stir in the egg. Add milk, a little at a time, and stir with a fork until it holds together in a ball, but is not too sticky. I don't use a mixer for this, just stir together with a fork in a bowl. Gather the dough and knead a few times just enough to hold together. Roll out onto a floured surface, and keep adding flour if needed so it doesn't stick to the counter, as thin as you can get it, about 1/4 inch. Fatter is ok, but I like lots of dumplings. You may need to let it rest a minute so it will roll out thinner. Use a pizza cutter and cut into strips and then crosswise into diamonds or squares. While the chicken is cooling, and when the vegetables are close to being soft, turn the heat up a little, and add the dumplings to the simmering liquid, dropping in a few at a time with a spatula, so the broth keeps simmering as you add them, otherwise they want to stick together. Give it a stir, and simmer for 15 minutes. Pull the chicken off the bones and discard skin and yucky parts. Return cooked meat to the pot. Check for seasonings and add more salt and pepper if needed. Add parsley flakes & serve.



ARE YOU USING YOUR ASG MEMBERSHIP BENEFITS?

Whether you're new to sewing, looking to advance your skills or want to participate in virtual group meetings, you'll find ASG's **free** online sewing classes and programs a major benefit of membership. To access them, log into your account at asg.org and visit the Members Only section to find a wealth of classes and tips.

In case you missed it or haven't checked it out in a while, online benefits include:

- Over 150 online sewing classes and projects
- Discounts on sewing products and services
- Articles, projects and more in the weekly Notions email newsletter
- Monthly online presentations by well-known sewing instructors

2022 CHAPTER ADVISORY BOARD - C.A.B.

President: Rae Longbrake, 863-0801, ralongbrake@gmail.com
 Vice-President & Membership: Teresa Gleason, 244-9611, tgleason@gci.net
 Secretary: Linda Maclure: 346-1293, lrm1234@outlook.com
 Treasurer: Beverly Holmes, 360-0011, beverlyholmesak@gmail.com
 Retreat Coordinator: Kathy Lunning, 414-9600
 Newsletter: Emily Longbrake, 863-0801, emilylongbrake@gmail.com
 Anchorage Group Leader: Ada Gleason, 346-2710, adaknik@alaska.com
 Valley Group Leader: Julie Gleason, 244-9610, Ladyjulia75@gmail.com
 Fair Coordinator: Alice Stevens, 862-1662, akalice49@gmail.com



AKSEWLUTIONS@AK.NET — ALASKASEWLUTIONS.ORG



Name _____
 Address _____
 City _____ State _____ Zip _____
 Daytime phone _____
 E-mail _____

New ASG Member\$50
 New ASG Junior Member\$25
 Chapter (city/state) **Eagle River, Alaska**
 ASG Member at Large\$50
 Renewal Member\$45
 (if received before membership expiration date)
 Late Renewal\$50
 (if received after membership expiration date)
 Junior Renewal\$25

Junior Member Information:
 Birthdate (MM) _____ (DD) _____ (YYYY) _____
 School Name _____
 Grade/year in school _____

Payment:
 Check payable to "American Sewing Guild"
 MasterCard | Visa | AmEx | Discover (circle one)
 Account#: _____
 Expiration Date: _____ CV# _____
 Signature: _____

Return to:
 American Sewing Guild
 9660 Hillcroft, Suite 510, Houston, TX 77096
 Phone: (713) 729-3000 Email: info@asg.org
 Fax: (713) 721-9230 Website: www.asg.org

(Please allow 2-4 weeks for processing)